

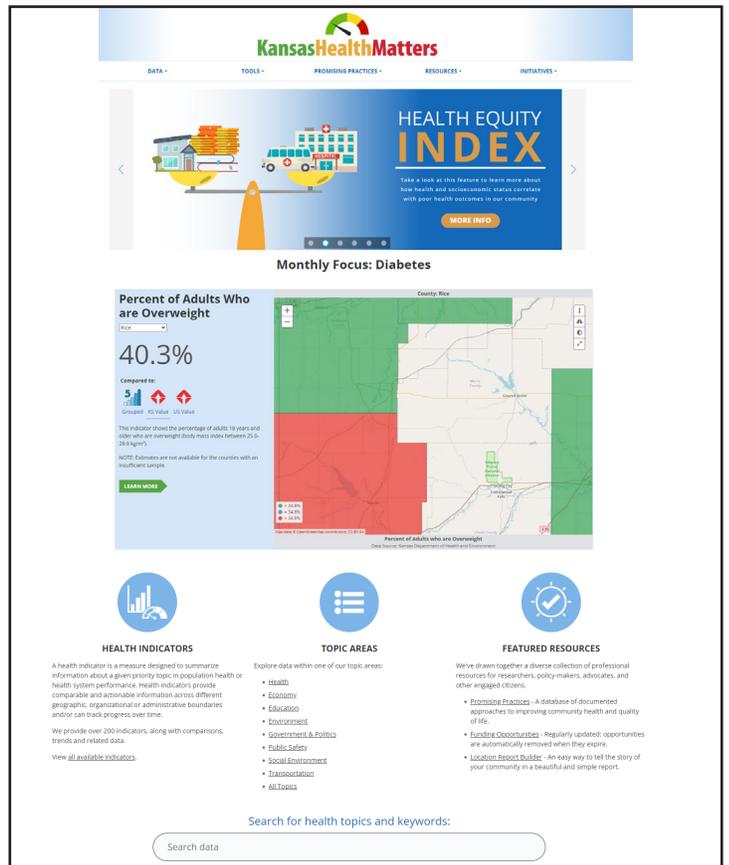
Health Data and Best Practices at Your Fingertips

The Kansas Health Matters website is intended to help individuals learn about the health of the community and how to improve it. It provides local, state and regional health data, demographics, promising practices and other resources.

Kansas Health Matters highlights programs and successes in Kansas and across the nation. If you want to improve the healthy in your community, you don't need to reinvent the wheel. Individuals can search for data and programs on numerous community health topics ... including healthy food and beverages.



Visit:
KansasHealthMatters.org

KansasHealthMatters

DATA TOOLS PROMISING PRACTICES RESOURCES INITIATIVES

HEALTH EQUITY INDEX

Take a look at this feature to learn more about how health and socioeconomic status correlate with poor health outcomes in our community.

Monthly Focus: Diabetes

Percent of Adults who are Overweight

40.3%

Compared to: 5 (US, KS, MO, NE, OK)

This indicator shows the percentage of adults 18 years and older who are overweight (body mass index between 25.0-29.9 kg/m²).

NOTE: Estimates are not available for the counties with an insufficient sample.

[LEARN MORE](#)

HEALTH INDICATORS: A health indicator is a measure designed to summarize information about a given priority topic in population health or health system performance. Health indicators provide comparable and actionable information across different geographic, organizational or administrative boundaries and/or can track progress over time. We provide over 200 indicators, along with comparisons, trends and related data. [View all available indicators.](#)

TOPIC AREAS: Explore data within one of our topic areas:

- Health
- Economy
- Education
- Environment
- Government & Politics
- Public Safety
- Social Environment
- Transportation
- All Topics

FEATURED RESOURCES: We've drawn together a diverse collection of professional resources for researchers, policy-makers, advocates, and other engaged citizens.

- **Promising Practices** - A database of documented approaches to improving community health and quality of life.
- **Outstanding Opportunities** - Regularly updated; opportunities are automatically removed when they expire.
- **Location Report Builder** - An easy way to tell the story of your community in a beautiful and simple report.

Search for health topics and keywords:

Indicator	Value	Compared To	Trend
Exercise, Nutrition, & Weight			
Percent of Adults Doing Enough Physical Activity To Meet Both The Aerobic AND Strengthening Exercise Recommendations	19.0% (2017)	US Value (20.3%) Prior Value (19.3%)	↓
Percent of Adults who are Overweight	34.8% (2017)	US Value (35.3%) Prior Value (33.8%)	↓
Immunizations & Infectious Diseases			
Percent of Infants Fully Immunized at 24 Months	71.1% (2017-2018)	Prior Value (69.2%)	↑
Sexually Transmitted Disease Rate	6.7 Cases per 1,000 population (2022)	Prior Value (7.2)	↓
Maternal, Fetal & Infant Health			
Infant Mortality Rate	5.9 Deaths per 1,000 live births (2017-2021)	US Value (6.0 in 2011-2019) Prior Value (6.0) HP 2030 Target (5.0)	↓

Health / Cancer

Cancer: Medicare Population

VALUE: 11.0% (2021)

COMPARED TO: U.S. States (11.0%), US Value (11.0%), Prior Value (9.0%)

Cancer: Medicare Population by Gender

Female	10.0%
Male	12.0%
Overall	11.0%

Cancer: Medicare Population by Race/Ethnicity

American Indian/Alaska Native	9.0%
Asian	7.0%
Black/African American	12.0%
Hispanic	7.0%
White	11.0%
Overall	11.0%

Colorectal Cancer Rate

39.2 Per 100,000 population (2019-2018)

Prior Value (39.1)

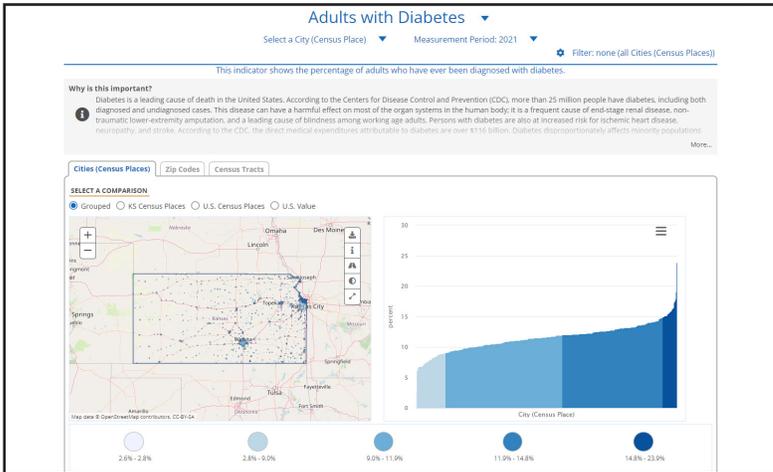
Colorectal Cancer Rate by Race/Ethnicity

Black/African American	40.5
Hispanic	26.4
White	38.3
Other	35.6
Overall	39.2

Health Data and Best Practices at Your Fingertips

Kansas Health Matters allows you to:

- Find and visualize data faster with compelling icons, maps and graphs.
- Present more meaningful comparisons.
- Tell persuasive stories using data.



Demographics Dashboard The demographic dashboard includes basic demographic information about your community covering topics like population, education and poverty.	Consumer Expenditures Dashboard This dashboard shows percentage estimates of total expenditures for health-related products and services, including high sugar beverages and foods, alcohol, tobacco, medical expenses, and eldercare.
Key Health Indicators 20 indicators addressing health issues prevalent throughout Kansas.	Social Determinants of Health Dashboard This dashboard shows data related to Social Determinants of Health covering topics like education, employment, and housing.
All Data This dashboard contains data for all indicators at all locations.	Disparities Dashboard View all indicators that include breakout data by topics such as race/ethnicity, age and gender.
Healthy People 2030 Progress Tracker This dashboard provides comparisons to national objectives set by Healthy People 2030.	Indicator List by Topic View a list of all indicators by topic and see at what location data is available.
SocioNeeds Index® Suite The SocioNeeds Index Suite provides analytics around social determinants of health to advance equitable outcomes.	

Promising Practices

The Promising Practices database informs individuals about documented approaches to improving community health and quality of life.

Business Case for Breastfeeding

DESCRIPTION
 The Business Case for Breastfeeding is a comprehensive program developed by the U.S. Department of Health and Human Services, Health Resources and Services Administration's Maternal and Child Health Bureau and the HHS Office on Women's Health. The initiative is designed to educate employers about the value of supporting breastfeeding employees in the workplace. The program highlights how such support contributes to the success of the entire business. Numerous tools have been developed for businesses by HHS and the Kansas Business Case for Breastfeeding (KS BCFB) program to help employers provide support and privacy for breastfeeding employees to pump during the workday. Investing in breastfeeding employee support services has proven to produce a 3 to 1 ROI through greater employee retention, increased productivity, lower health care costs and decreased sick days.

The program also offers guidance to employees on balancing breastfeeding and working. The KS BCFB resources are designed to help community partners and health professionals educate employees and business in their communities.

The KS BCFB program is committed to assisting employers to support their breastfeeding employees. Please contact us if you are an employer who would like free assistance with drafting a short policy, setting up a lactation room, or just have questions about complying with the relevant laws. Please contact if you are a breastfeeding employee or someone who supports families to learn more about the relevant laws and strategies for balancing work and breastfeeding.

GOAL / MISSION
 To improve the health and well-being of Kansans by working collaboratively to promote, protect and support breastfeeding.

IMPACT
 Investing in nursing employee support services has proven to produce a 3 to 1 ROI through greater employee retention, increased productivity, lower health care costs and decreased sick days.

RESULTS / ACCOMPLISHMENTS
 The Kansas Business Case for Breastfeeding (KS BCFB), administered by the Kansas Breastfeeding Coalition, has recognized over 250 employers for their support of their breastfeeding employees with the Breastfeeding Employee Support Award (bronze, silver & gold levels). The KS BCFB has supported hundreds of individual breastfeeding employees to obtain accommodations in the workplace. The KS BCFB works in partnership with public health and healthcare providers to support breastfeeding employees through a referral form. The KS BCFB surveys Kansas employers annually to measure change in support practice and policies. Over 48% of employers reported having a written policy supporting breastfeeding employees in the most recent 2018 survey.

ABOUT THIS PROMISING PRACTICE

Organization(s)	Kansas Breastfeeding Coalition, Inc.
Primary Contact	Branda Bandy Kansas Breastfeeding Coalition, Inc. 3005 Cherry Hill Manhattan, KS 66509 785-477-4666 bbandy@kbsb-breastfeeding.org http://www.kbsb-breastfeeding.org
Topics	Health / Maternal, Fetal & Infant Health Health / Children's Health Economy
Organization(s)	Kansas Breastfeeding Coalition, Inc.
Location	Kansas
For more details	http://www.kansasbusinesscase.com/
Target Audience	Adults, Women, Families

Percent of Adults who are Overweight

State: Kansas | Measurement Period: 2017

Related Content for: Percent of Adults who are Overweight

Promising Practices MORE → <ul style="list-style-type: none"> • Bienestar: A School-Based Diabetes and Obesity Prevention Program • Head to Toe Weight Management Program • Help Educate to Eliminate Diabetes (HEED) 	211 Resources MORE → <ul style="list-style-type: none"> • Exercise, Nutrition, & Weight Resources from United Way 211 • Diabetes Resources from United Way 211 • Heart Diseases Resources from United Way 211 	Monthly Focus Topics MORE → <ul style="list-style-type: none"> • KHM Monthly Focus: Healthy Living • KHM Monthly Focus: Stroke • KHM Monthly Focus: Diabetes
Reports <ul style="list-style-type: none"> • The Kansas Youth Risk Behavior Survey, 2019 • Cancer Survivorship Among Kansas Adults, 2019 • Meeting Your 'MyPlate' Goals on a Budget 	Indicators MORE → <ul style="list-style-type: none"> • Adults 20+ Who Are Obese • Adults Who Are Obese • Percent of Adults Doing Enough Physical Activity To Meet Both The Aerobic AND Strengthening Exercise Recommendations 	Training Resources MORE → <ul style="list-style-type: none"> • Guide to Health Indicators and Data Sources • Selecting Indicators for the Community Health Assessment, NACCHO Webinar • CHIP Planning and Logic Model
Community Resources <ul style="list-style-type: none"> • Emvision 	Community Health Needs Assessment <ul style="list-style-type: none"> • Dickinson County Community Health Needs Assessment, 2016 	Websites <ul style="list-style-type: none"> • Healthy Eating on a Budget • Hunger in America
Plans MORE → <ul style="list-style-type: none"> • Kansas Diabetes Plan - 2008-2013 • Kansas Cardiovascular Health Plan - 2006 • Kansas Cancer Prevention and Control Plan 2017-2021 		