



MEDIA RELEASE

For Immediate Release
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Kansas Hospitals Lead by Example with Healthier Options

53 hospitals make healthier onsite food and beverage environments a reality

(July 30, 2017) The Kansas Hospital Association is pleased to announce that the Kansas Hospital Education and Research Foundation has received policy changes from 53 Kansas hospitals that have adopted healthier food and beverage options throughout their facility. This enhanced access to healthy food aims to positively impact hospital employees, patients and visitors, while also helping to establish norms for healthier living for the communities they serve.

This work is part of *Healthy Kansas Hospitals*, a multi-year initiative that provides resources and technical assistance to help create food and beverage environments in Kansas hospitals that ensure healthy options are the routine, easy choice for everyone. Eighty-one hospitals participated in this initiative over the last four years and took the lead in creating a roadmap for worksites to navigate the challenges associated with implementing healthier environments.

Hospitals made their own decisions related to changes to the food and beverage environment based on an individualized assessment. Examples include increasing the availability of healthy entrees, adding nutrition labeling for meals in the cafeteria, eliminating fried foods, adding healthier snack items to vending machines and increasing employee education around the topic of nutrition and diet.

The following hospitals have made policy changes:

Allen County Regional Hospital, Iola	Comanche County Hospital, Coldwater
Atchison Hospital, Atchison	Community HealthCare System, Inc., Onaga
Bob Wilson Memorial Grant County Hospital, Ulysses	Community Memorial Healthcare, Inc., Marysville
Children's Mercy Hospital Kansas, Overland Park	Fredonia Regional Hospital, Fredonia
Citizens Medical Center, Colby	Girard Medical Center, Girard
Clara Barton Hospital, Hoisington	Goodland Regional Medical Center, Goodland
Clay County Medical Center, Clay Center	Gove County Medical Center, Quinter
Cloud County Health Center, Concordia	Hamilton County Hospital, Syracuse

HaysMed, Hays
 Hiawatha Community Hospital, Hiawatha
 Holton Community Hospital, Holton
 Hospital District #1 of Rice County, Lyons
 Hutchinson Regional Medical Center, Hutchinson
 Kearny County Hospital, Lakin
 Kiowa County Memorial Hospital, Greensburg
 Kiowa District Healthcare, Kiowa
 Labette Health, Parsons
 Lane County Hospital, Dighton
 Lawrence Memorial Hospital, Lawrence
 Lindsborg Community Hospital, Lindsborg
 Mercy Hospital Fort Scott, Fort Scott
 Mitchell County Hospital Health Systems, Beloit
 Nemaha Valley Community Hospital, Seneca
 Newton Medical Center, Newton
 Osborne County Memorial Hospital, Osborne
 Phillips County Health Systems, Phillipsburg
 Providence Medical Center, Kansas City

Continued

Rawlins County Health Center, Atwood
 Republic County Hospital, Belleville
 Russell Regional Hospital, Russell
 Saint John Hospital, Leavenworth
 Saint Luke’s Cushing Hospital, Leavenworth
 Salina Regional Health Center, Salina
 Shawnee Mission Health, Shawnee Mission
 Sheridan County Health Complex, Hoxie
 Smith County Memorial Hospital, Smith Center
 St Catherine Hospital, Garden City
 St. Francis Health, Topeka
 St. Luke Hospital and Living Center, Marion
 Stormont Vail Health, Topeka
 Susan B. Allen Memorial Hospital, El Dorado
 The University of Kansas Health System, Kansas City
 Trego County-Lemke Memorial Hospital, WaKeeney
 Via Christi Hospital, Manhattan
 Wilson Medical Center, Neodesha

The *Healthy Kansas Hospitals* initiative is a project of the Kansas Hospital Education and Research Foundation. Established in 1969, by the Kansas Hospital Association, KHERF’s mission is to facilitate collaboration and innovation to improve health delivery for Kansas communities. The Kansas Health Foundation, a private philanthropy dedicated to improving the health of all Kansans, provided funding for *Healthy Kansas Hospitals*.

The Kansas Hospital Association is a voluntary, non-profit organization existing to be the leading advocate and resource for members. KHA membership includes 212 member facilities, of which 127 are full-service, community hospitals. Founded in 1910, KHA’s vision is: “Optimal Health for Kansans.”

For more information, visit HealthyKansasHospitals.org.

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