



KHA Member Spotlight

Healthy Living – Find Your Way

Member: Sheridan County Health Complex, Hoxie

Program: Community Outreach through Hoxie Medical Clinic

Target: The uninsured, farm workers and those with health disparities

Description: Staff provide free blood pressure checks, free healthy lunches and conduct blood draws during their health fair. They do outreach at the local feed yard, dairy and at the elementary school that has a high population of Spanish speaking students. Sheridan County has a high population of individuals with health disparities in one geographic location. They want to break barriers and create better access for all. As part of one outreach effort, they took jump ropes to their school summer program. In their first attempt they had 6 participants. In their second attempt they had 20 participants.

Contact: For more information on these strategies, reach out to [Dalene Babcock](mailto:Dalene.Babcock@shc.org) (785) 677-4150 or [Peggy Ritter](mailto:Peggy.Ritter@shc.org) (785) 677-4172.

The Kansas Hospital Association is collecting member stories about how hospitals are helping staff, patients and communities live a healthier life with a healthy lifestyle. These programs are featured in our *KHA Current Report* newsletter and on our [Healthy Kansas Hospital website](#). Please submit your hospital stories [using this format](#) to csamuelson@kha-net.org.