



TO: Kansas Hospitals

FROM: Kansas Hospital Education and Research Foundation

SUBJECT: Healthy Kansas Hospitals - Toolkit

DATE: November 1, 2014

As the primary source of health care in many communities, hospitals have the opportunity to establish norms and influence health decisions. It is important that hospitals provide the healthiest choices possible for patients, visitors and staff.

It is for these reasons the Kansas Hospital Education and Research Foundation provides leadership and shared knowledge to facilitate a collaborative and innovative approach to improving the food and beverage choices found in hospitals.

We are pleased to send you the enclosed: **Healthy Kansas Hospitals Toolkit**. This toolkit of resources and templates was created to assist and support you as you lead the way to improve food and beverage environments in Kansas hospitals. The enclosed materials also are available online at www.HealthyKansasHospitals.org.

Healthy Kansas Hospitals Toolkit:

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| Creating a Wellness Committee | Resources on Modeling Healthy Eating |
| Frequently Asked Questions | Resources on Water vs. Sugar Sweetened Beverages |
| Sample Policies and Standards | Steps to a Successful Campaign |
| Sample Employee Communications | How to Reduce/Eliminate Fried Foods |
| Template Media Release | Vending Resources |
| PowerPoint Template | Consumer Materials and Posters |

Special thanks to the Kansas Health Foundation for funding this initiative. The Kansas Health Foundation is a private philanthropy dedicated to improving the health of all Kansans. For more information about the Kansas Health Foundation, visit www.kansashealth.org.

If your CEO has yet to sign the *Hospital Commitment to Establishing a Healthier Workplace*, please e-mail or fax a signed copy of the enclosed pledge to Josh Mosier at jmosier@kha-net.org or (785) 233-6955. Thank you for your commitment to improving the health and wellbeing of Kansans.