

Healthy Kansas Hospitals Frequently Asked Questions

What is Healthy Kansas Hospitals?

Healthy Kansas Hospitals is a collaborative approach that began in 2014 with an effort to improving the food and beverage choices found in hospitals across the state. As major employers and health care providers, hospitals can establish strong community norms and influence the health decisions of the public. Today, this effort has expanded beyond just food and beverage with new resources and templates. The first Healthy Kansas Hospitals Toolkit provides leadership and shared knowledge to facilitate a collaborative and innovative approach for creating a worksite wellness committee as the first step in creating a sustainable a wellness program at the hospital.

What resources are available for hospitals to use?

All of the resources included in the three Healthy Kansas Hospitals toolkits are available for hospitals to use. All resources are downloadable at HealthyKansasHospitals.org. You can use any of the text or materials included in the toolkits. Copies of the posters may be made and displayed in the hospital. Content may be used in media releases, newsletter articles and in social media posts. Hospitals are encouraged to customize the PowerPoints, Word documents and templates available in the toolkits. Toolkit #1 focuses on creating a worksite wellness committee, Toolkit #2 focuses on fostering changes in the hospital and Toolkit #3 focuses on nurturing strategies for a healthy culture.

Why does participation in this initiative make sense for my hospital?

Supporting health-promoting behaviors and choices is inherently consistent with health care's mission to prevent and treat chronic disease. However, all too often, health care settings create environments that provide easy access to unhealthy choices. Hospitals have the potential to serve as powerful role models in the communities they serve by providing healthier options, which also leads to improving overall patient health.



Are certain changes mandatory under the initiative?
No.

Do hospitals need permission to use resources from the Healthy Kansas Hospitals toolkits?

No. The Healthy Kansas Hospitals toolkits include materials which are available as downloadable documents. No permission is needed to print, reproduce or use resources from the Healthy Kansas Hospitals toolkits.

Is it permissible to edit the materials to include specific information about my hospital or my logo?

Yes. Customizing the materials to include specifics about your hospital and its program is strongly encouraged. Co-branding documents promotes your hospital's own initiatives as well as the overarching goals of the Healthy Kansas Hospitals program.

Are additional resources available from Healthy Kansas Hospitals?

If you have additional questions, or you would like a site visits or educational sessions, contact Hayley Finch-Genschorck at hfinch@kha-net.org or (785) 233-7436.