

Educational Program

Kansas Organization of Skilled Care Professionals

Fall Conference

October 8-9, 2024

**DoubleTree by Hilton Hotel
Wichita Airport
2098 S Airport Road
Wichita, KS 67209**



Sponsored by:
Kansas Organization of Skilled Care Professionals



Endorsed by: **Kansas Hospital
ASSOCIATION**
Kansas Hospital Association

AGENDA

Tuesday, October 8

- 12:30 p.m. Registration
- 1:00 p.m. **Swing Bed Basics**
Carolyn St.Charles, HealthTech
- 2:00 p.m. Break
- 2:15 p.m. **Swing Bed Admission, Criteria for Continued Stay and Discharge**
Carolyn St.Charles, HealthTech
- 3:00 p.m. **Swing Bed Survey Readiness – One Step at a Time**
Carolyn St.Charles, HealthTech
- 4:00 p.m. **“Ask the expert”**
Carolyn St.Charles, HealthTech
- 5:00 p.m. Adjourn

Wednesday, October 9

- 8:00 a.m. **Continental Breakfast and KOSCP Business Meeting**
- 8:30 a.m. **Bridging the Gaps: Integrating Infection Prevention with Swing Bed Coordination, Discharge Planning and Case Management**
Cassie Stevenson, RN, Kansas Department of Health and Environment
- 9:30 a.m. **Beyond the Surface:
Understanding the Importance of Mental and Emotional Health**
Mandie Kinderknecht, RN, Gove County Medical Center, Senior Life Solutions
- 10:15 a.m. Break
- 10:30 a.m. **Medicare Advantage: the Good, the Bad and the Ugly**
Karen Mayse, North Central-Flint Hills Area Agency on Aging
- 11:30 a.m. Lunch
- 12:30 p.m. **Ignite Your Workplace: CPR For Lifeless Attitudes**
Desi Payne, National Speaker
- 1:30 p.m. **Social Determinants of Health: A Journey of Trials, Innovation and the Pursuit of Enhanced Patient Outcomes**
Lisa Dinkel, APRN-C, FNP; Sandy Jones, RN, BSN, CCM; Cody Utz, CPHQ, RT(R), RDMS, RVT, RDCS, Holton Community Hospital
- 3:00 p.m. Adjourn

SESSION DESCRIPTIONS

Swing Bed Basics

Carolyn St.Charles, Chief Clinical Officer, HealthTech

The Swing Bed regulatory requirements have not changed much since 2020, with the exception of the content of the discharge notice. The presentation will provide an overview of Swing Bed regulatory requirements and interpretive guidelines, including admission assessment, multi-disciplinary plan of care, therapy services, nutrition, medication management including psychotropic drugs and activities.

Learning Objectives:

- Demonstrate how to find interpretive guidelines in Appendix PP.
- Describe regulatory requirements for the multi-disciplinary plan of care, therapy services, and nutrition.
- List at least two (2) ways for providing and documenting activities.

Swing Bed Admission, Criteria for Continued Stay and Discharge

Carolyn St.Charles, Chief Clinical Officer, HealthTech

Admission to Swing Bed for patients with traditional Medicare must meet specific criteria as defined by Medicare, including a 3-day qualifying stay within the last 30 days. However, organizations may also have their own criteria based on the type of patients they can accept. The presentation will review Medicare criteria, including rules for when the patient has been a patient in more than one hospital.

After the patient is admitted to the swing bed, there must be a continued skill need. Sometimes, the swing bed team has differing opinions about when a patient should be discharged. The presentation will include guidelines and discussion points for helping the Swing Bed team determine when the patient is ready for discharge, as well as patient-required discharge notices.

Learning Objectives:

- Describe at least two Medicare criteria for admission to Swing Bed, including when the time from hospital discharge to swing bed admission can exceed 30 days.
- Identify continued stay criteria.
- Explain discharge documentation requirements.

Swing Bed Survey Readiness – One Step at a Time

Carolyn St.Charles, Chief Clinical Officer, HealthTech

Most organizations strive to stay continuous survey-ready. But how does that apply to Swing Beds, and where do you start? The presentation will provide practical tips for staying survey-ready, ways to engage the Swing Bed team and how to conduct meaningful audits.

Learning Objectives:

- Describe at least two (2) approaches for engaging the Swing Bed team in continuous survey readiness.
- Discuss the importance of audit tools and how to use them.
- Recognize the value of a Swing Bed audit tool.

SESSION DESCRIPTIONS

“Ask the expert”

Carolyn St.Charles, Chief Clinical Officer, HealthTech

Following a productive afternoon of educational sessions, join KOSCP for an engaging and thought-provoking discussion with Carolyn St. Charles. This interactive “Ask the Expert” session invites you to bring your questions and gain valuable insights directly from one of the leading voices in skilled care and swing bed.

Learning Objective: Recognize resources that can assist your in answering day to day questions.

Bridging the Gaps: Integrating Infection Prevention with Swing Bed Coordination, Discharge Planning and Case Management

Cassie Stevenson, RN, Senior Infection Preventionist & Project Firstline Lead, Healthcare-Associated Infections & Antimicrobial Resistance Section, Kansas Department of Health and Environment

Attendees will explore the crucial intersection between infection prevention and the roles of swing bed coordinators, discharge planners, social workers and case managers. Attendees will gain insights on how to integrate infection prevention strategies into daily workflows and care processes. This session aims to enhance collaboration across these roles, ultimately leading to better patient outcomes and more effective care transitions. Practical tools and strategies will be provided to ensure that infection control measures are consistently applied throughout the patient care continuum.

Learning Objectives:

- Discuss how to effectively integrate infection prevention practices into the roles of swing bed coordinators, discharge planners, social workers and case managers.
- Identify processes to improve patient outcomes and ensure seamless care transitions.

Beyond the Surface: Understanding the Importance of Mental and Emotional Health

Mandie Kinderknecht, RN, Program Director, Gove County Medical Center, Senior Life Solutions

When navigating older adult mental health and service options available, Senior Life Solutions is a one-stop shop for all your mental health needs. SLS provides group and individual therapy to patients typically 65 years of age and older who are dealing with changes that are typically associated with aging. This session will provide information on the consequences of untreated depression, what depression looks like in older adults and how Senior Life Solutions can assist your patients. Aging and depression are not synonymous. Together we can help break down the walls of stigma.

Learning Objective: Define mental and emotional health, why they matter and how SLS can provide comprehensive care for patients.

Medicare Advantage: the Good, the Bad and the Ugly

Karen Mayse, Information & Assistance Officer and certified Senior Health Insurance Counseling for Kansas (SHICK) Counselor, North Central-Flint Hills Area Agency on Aging

Nationwide, more than 50% of Medicare beneficiaries have enrolled in Medicare Advantage (Medicare Part C) insurance. This session will explore the reasons enrollment in these plans has exploded in the last decade, Part C marketing rules and how to report marketing violations, the pitfalls beneficiaries face once enrolled and why many people find it impossible to return to original Medicare once they enrolled in Medicare Advantage.

Learning Objective: Discuss why Medicare Advantage has become a popular option for those eligible for Medicare and the pitfalls that come with this insurance.

SESSION DESCRIPTIONS

Ignite Your Workplace: CPR For Lifeless Attitudes

Desi Payne, National Speaker

Do you work with people who:

- Drag their feet into work?
- Growl and murmur?
- Punch the time clock with a blank stare?
- Are not engaged with their work?
- Are retired on duty?
- Spread negativity?

If you answered yes to any of the questions above... then you will love this entertaining and engaging keynote. Desi Payne will teach you five strategies on how to rise above those workplace zombies.

Learning Objectives:

- Discuss strategies to work with negative people.
- Discuss ways to ensure your attitude doesn't catch this infectious condition.
- Identify how to work with different types of people.
- Identify how to energize and increase productivity on the job.
- Explain how to empower a culture of more cohesive teams.
- Identify how to perform "CPR" on the job on lifeless attitudes.

Social Determinants of Health: A Journey of Trials, Innovation and the Pursuit of Enhanced Patient Outcomes

Lisa Dinkel, APRN-C, FNP, Hospitalist; Sandy Jones, RN, BSN, CCM, Patient Care Coordinator; Cody Utz, CPHQ, RT(R), RDMS, RVT, RDCS, Director of Quality and Informatics, Holton Community Hospital

This information sharing session details the journey and methodology of a small Critical Access Hospital's (CAH) Swing Bed Program pathway to enhancing practices to better meet SDOH individual needs of their rural Kansas population. The presentation team will highlight the transition from current practices that address SDOH unmet needs to alignment with regulatory and industry standards. The Swing Bed discharge planning process is a team approach from the Care Coordination Team, the Hospitalist and others to set the patient and family up for success upon departure from the health care facility. In this session, attendees will gain insight into one hospital's innovative approaches to addressing SDOH needs.

Learning Objective: Describe how to bridge the gap of unmet social needs of hospitalized patients through a hospitalist health care model utilizing an innovative program.

INFORMATION

Who Should Attend

This conference is intended for nurses, discharge planners, Swing Bed coordinators, social workers, physical therapists, occupational therapists, speech therapists and other health care professionals serving seniors.

Attire

Business casual attire is suggested for this seminar. The temperature in meeting rooms is somewhat difficult to control; therefore, we recommend you dress in layers to allow for these variances.

Special Services

The Kansas Hospital Association wishes to ensure that no individual with a disability is excluded or denied services because of to the absence of auxiliary aids or services. If you need any of the aids or services identified in the Americans with Disabilities Act, contact Hayley Finch-Genschorck at (785) 233-7436 or hfinch@kha-net.org.

ACCOMMODATION

This workshop will be at the DoubleTree by Hilton Hotel Wichita Airport, 2098 S Airport Rd, Wichita, KS 67209. A block of rooms has been reserved for the night of October 8 at the rate of \$119, plus tax. The room block will be available until September 15. After that, reservations will be taken on space-available basis. Call (316) 945-5272 and ask for the KHA/KOSCP room block to receive the special rate.

CONTINUING NURSING EDUCATION

The Kansas Hospital Association is approved as a provider of continuing nursing education by the Kansas State Board of Nursing (Provider No. LT 0031-0116). This program is approved for a total of **ten (10)** contact hours applicable for RN and LPN relicensure. Continuing nursing education certificates will be distributed at the end of the seminar to all paid attendees.

REGISTRATION

KOSCP Conference

Event Date: Tuesday, Oct. 8 and Wednesday, Oct. 9

Event Venue: DoubleTree by Hilton Hotel Wichita Airport
2098 S Airport Road, Wichita, KS 67209

Registration Fee

The registration fee for KOSCP members is \$200 per person. The registration fee for non-members is \$250. Fees include light breakfast, lunch, refreshments and program materials.

Refund Policy

A full refund will be given for cancellations received in writing by email, fax or mail to KOSCP prior to 5 p.m., Oct. 1. Registrations may be transferred to another individual. No refund will be given for cancellations received after 5 p.m., Oct. 1.

Two Easy Ways to Register

Registration online is available at <https://registration.kha-net.org>. Or please make check payable to the Kansas Organization of Skilled Care Professionals. Mail check with registration form to: Hayley Finch-Genschorck, KOSCP, 215 SE 8th Avenue, Topeka, Kansas 66603-3906.

CLICK HERE TO REGISTER

Registration Fees:

\$200 KOSCP Members

\$250 Non-KOSCP Members

Nurses: Please list your name as it appears on your nursing license.

Last Name: _____ First Name: _____

Title: _____

Organization: _____

Organization Address: _____ City, State, Zip: _____

Telephone No.: _____

Email Address: _____

Nursing Continuing Education (information required for RN/LPN):

Nursing License Number: _____

**Questions: Contact Hayley Finch-Genschorck, Kansas Hospital Association
by phone at (785) 233-7436 or by email at hfinch@kha-net.org.**